

Instructions

This is an informed consent document that has been prepared to help inform you concerning Botulinum toxin injections and the risks involved. It is important that you read this information carefully and completely. Please initial each page, indicating that you have read the page and sign the consent at the bottom prior to your treatment.

The Cosmetic use of BOTOX ®/ BOCOUTURE ®

Crease lines and wrinkles are a natural process of aging due to combination of aging, sun damage, gravity and the muscle action of laughing, talking, frowning and crying.

Hyperactivity of the facial expression muscles often results in the development of deep frown lines, forehead lines and/or crow's feet. Injecting botulinum toxin into the affected area temporarily relaxes the underlying muscles responsible for wrinkling, giving the face a more relaxed and pleasant appearance. The wrinkles become smoother or disappear altogether.

When and how long does Botulinum Toxin work?

The initial effects of treatment become visible within 48 to 72 hours. The maximum effect is reached in 1 to 2 weeks. A top up may be required at this stage to reach the required dose level for a mutual achievable result.

Your facial expression will become more relaxed but by no means mask-like. The overall result is very natural.

The effect of treatment generally lasts for 3 to 4 months. Re-treatment is then required and for an optimum effect treatment is recommended three to four times a year.

BOTOX ®/ BOCOUTURE® for Frown Lines

Between the eyebrows, the vertical frown lines result from overactive muscles. These muscles are also used when concentrating. By drawing the eyebrows inward, one expresses anger, confusion or anxiety. Repeated often enough, permanent skin creases develop and even when relaxed, these frown lines remain. Neutralisation of these overactive brow muscles helps eliminate these negative appearances.

BOTOX ®/ BOCOUTURE® for Crow's Feet

Wrinkles radiating from the corner of the eyes caused by smiling, laughing or squinting are especially distressing to some individuals. Previously, no reasonable medical or surgical solution improved this problem due to the strong underlying muscles. Even with deepest chemical peels or laser resurfacing techniques, rapid recurrence of these lines around the eyes is inevitable. Now BOTOX® / BOCOUTURE® has proved to be effective at preventing the recurrence of wrinkles by inhibiting the underlying muscles.

BOTOX R/ BOCOUTURE R for Horizontal Forehead Lines

Some individuals use different muscles for raising the brows; “talk” with their forehead. BOTOX® / BOCOUTURE® are used to smooth the horizontal forehead lines.

Confidential Medical History form

Patients name:.....

Date of birth:.....

If female:

Please tick if you are:

- An expectant mother
- Taking contraceptive pill
- Taking Hormone Replacement Therapy

Please tick if you:

- Are receiving medical treatment at present
- Are taking any medicines, tablets or injections. If yes please list overleaf
- Are you using any complimentary therapies or supplements such as St Johns Wort or Vitamin E. If yes please list overleaf
- Have taken steroids within the past two years
- Have a medical warning card

Please tick if you have or have had:

- Endocarditis, heart valve surgery or pulmonary shunt surgery
- Rheumatic fever, chorea, heart defects, heart murmur or valve disease
- Angina, heart attack or stroke
- A pacemaker or heart surgery
- Raised blood pressure
- Any chest trouble, asthma or TB
- Diabetes or epilepsy
- Fainting attacks
- Hepatitis, jaundice, liver or kidney disease
- An allergic reaction to Penicillin, latex or other substances
- An allergic reaction to local anaesthetic or general anaesthetic
- Any operation or illness treated in hospital
- Any neurologic conditions such as Bell’s Palsy, Myasthenia Gravis, Lambert-Eaton Syndrome, Motor Neuron Disease or Multiple Sclerosis

Address: 1 St Andrew St, Castle Douglas, DG7 1DE

Phone: 01556 503348

Email: info@dentalbees.com

Please tick if:

- Your blood has ever been refused by the blood transfusion service
- You have ever had contact with or been tested for HIV or AIDS
- You have had prolonged bleeding following extraction or surgery
- You suffer from a bleeding disorder
- You bruise easily
- You have been diagnosed with CJD (or any member of your family)
- You received growth hormone treatment before the mid 1980's
- You currently smoke tobacco products or have done in the past
- You drink more than 14 units of alcohol per week

Please tick if you have or have had:

- Eczema or other skin conditions
- Any skin problems such as herpes, infections or cold sores
- Keloid or hypertrophic scarring
- Any previous skin rejuvenation treatments, if so, please give details below

Please tick if you have taken any of the following within the last 3 days?

- Aminoglycoside antibiotics (Gentamicin, Neomycin, Netilmicin, Tobramycin or Spectinomycin)
- Penicillamine (anti-rheumatic)
- Quinine (anti-malarial)
- Calcium Channel blockers (Diltazem, Nifedipine or Verapamil)
- Non-depolarising muscle relaxants?

Previous skin rejuvenation treatments

Please list below any previous treatments you have undergone with approximate dates, including laser, chemical peels, implants, dermal fillers, botulinum toxin and cosmetic surgery:

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Are you going abroad in the near future? If yes, what date?

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Please make any additional notes here:

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Patients Signature:

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Date:

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Botox Aftercare Instructions

Following treatment with BOTOX® / BOCOUTURE®

Your treatment with Botulinum Toxin will gradually take effect over the next 7-10 days and will have achieved full effect within 2-3 weeks.

Repeatedly frown or tense the area for about 1 hour after treatment. This will help the treatment to be more effective by increasing the uptake by the targeted muscles.

Do not rub or touch the treated area for 3-4 hours.

Try to remain upright for 3-4 hours and do not lie down.

Avoid exercise for 3-4 hours.

Avoid applying make-up to the area for 1 hour. After this, apply makeup gently for the next 24 hours using a light dabbing motion rather than a rubbing or spreading action.

Do not have any facial treatments for 7 days after this as they may cause tracking of the Botulinum Toxin to neighbouring areas.

If you have any concerns, please contact the practice 01556 503348.

Patients Signature:

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Date:

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Botulinum Toxin Type A Treatment Consent Form

This treatment uses a dilute form of Botulinum Toxin type A (Botox®, Bocouture®). It is administrated by injection at specific points on the face. The treatment gradually takes effect over a week to ten days. After two to three weeks it will be working fully. The effect of treatment lasts, on average, for three to four months but can last up to six months in some people. This treatment is for an improvement not perfection. As Botulinum toxin will not improve static wrinkles due to skin thinning, other types of treatment management will be required. Each treatment will be charged for individually, according to the amount of material used.

The areas that we propose to treat and the product used:

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Risks and side effects

Allergies and side effects to Botox®, Bocouture® treatment are extremely rare. The results of treatment cannot be guaranteed. Most people find that the injections cause only mild discomfort. Immediately after treatment there may be mild swelling, which usually subsides in 24-48 hours. Afterwards the injection site is slightly red for about one hour. In a small number of cases a bruise may occur. Rare side effects include: headache, nausea and flu-like symptoms. In rare cases patients may also develop antibodies or allergies to the toxin, visual disturbance (which would be transient and mild).

For treatment of the upper face, such as frown and forehead, there is a very low risk of brow ptosis (drooping of the eyebrow) or eyelid ptosis (drooping of the eyelid), which completely reverses with time.

All commercially available brands of Botulinum Toxin Type A contain very tiny amounts of human blood products (Human Serum Albumen, HAS).

Cautions and contraindications

- Pregnancy/Breastfeeding
- Neuromuscular disorder (Bells Palsy, Myasthenia gravis)
- Anticoagulant use (e.g. Warfarin/Aspirin)
- Concurrent use of Aminoglycoside antibiotics

Clinical photography

Photographs will be taken for documentation and will be stored electronically for reference purposes only and will not be passed on to any third party. Staff authorised by Dental Bees are trained in Data Protection and Clinical Governance and may process the files for storage only.

Consent

I have answered the questions regarding my medical history to the best of my knowledge. I have also received the aftercare instructions following treatment with Botulinum Toxin. Its contents have been explained to me and I will follow the advice given.

I understand that treatment with Botulinum Toxin will have achieved full effect within 2-3 weeks. I understand that any refinements may only be made between 2-3 weeks after treatment.

Reasonably foreseeable risks and possible consequences involved in the above treatment have been explained to me. I have also had adequate time to consider my decision. It has been explained that Botox®, Bocouture® are licenced products for treatment of glabellar frown lines. I hereby authorise Lina Petrauskyte to administer such treatment to me and agree to hold him free and harmless from any claims, or suits for damages for any injury or complications, which may result from this treatment.

Patient Name

Signature

Date

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Practitioner Name

Signature

Date

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